



# Filey Junior School Lunch Menu



<b>Week 1</b>	<b>Week 2</b>
<b>Monday</b>	<b>Monday</b>
Cheese & Tomato Pizza Wedges and Baked Beans  ~~ Flapjack and Sultanas Yoghurt or Fresh Fruit	Cheese and Tomato Pasta Bake Peas, Sweetcorn Garlic Bread  ~~ Shortcake and Custard Yoghurt or Fresh Fruit
<b>Tuesday</b>	<b>Tuesday</b>
Mince Beef & Dumplings Mash potatoes Carrots, Sweetcorn & Gravy  ~~ Orange Sponge and Chocolate Sauce Yogurt or Fresh Fruit	Chicken pie with mash Potatoes Sweetcorn, Broccoli and Homemade Bread  ~~ Chocolate Krispi bar, Yogurt or Fresh Fruit
<b>Wednesday</b>	<b>Wednesday</b>
Chicken Korma with Brown Rice Green Beans, Cauliflower, Naan Bread  ~~ Cookie with Grapes Yoghurt or Fresh Fruit	Sausage in a Bread Bun Broccoli, Sweetcorn and Roast Potatoes  ~~ Chocolate and Pear fudge Pudding with Custard or Yoghurt or Fresh Fruit
<b>Thursday</b>	<b>Thursday</b>
Pork Sausages and Gravy Mashed Potato, Carrots and Broccoli Sliced Wholemeal Bread  ~~ Chocolate Sponge with Custard Yoghurt or Fresh Fruit	Pork Steaks, Mash potatoes, Carrots, Green Beans & Gravy  ~~ Iced Sponge <b>Yoghurt or Fresh Fruit</b>
<b>Friday</b>	<b>Friday</b>
Fish Fingers Chips, Peas and Carrots Crusty Bread  ~~ Iced Yoghurt, Yoghurt or Fresh Fruit	Fish Fingers Chips, Peas and Carrots Crusty Bread  ~~ Arctic Roll & Mandarin Oranges Yoghurt or Fresh Fruit

In addition to the above menu, a selection of baguettes (Egg, Cheese, Ham or Tuna) served with salad; a jacket potato with a selection of fillings; and a hot vegetarian alternative is also available on each day.