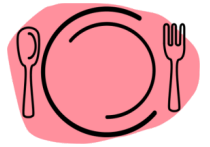


# School Dinner Menu

## Spring term 2019



F r e s h	<b>Week 1</b> <i>Commencing, 14th Jan, 28th Jan, 11th Feb, 4th March, 18th March &amp; 1st April</i>	<b>Week 2</b> <i>Commencing, 7th Jan, 21st Jan, 4th Feb, 18th Feb, 11th March, 25th March &amp; 8th April</i>	F r e s h
M e a t	<b>Monday</b>	<b>Monday</b>	F r u i t
L o c a l l y	Cheese & Tomato Pizza Wedges and Baked Beans or Jacket Potato with filling ~~~ Flapjack and Sultanas Yoghurt or Fresh Fruit	Cheese and Tomato Pasta Bake Peas, Sweetcorn Garlic Bread or Jacket Potato with filling ~~~ Shortcake and Custard Yoghurt or Fresh Fruit	A n d
S o u r c e d	<b>Tuesday</b>	<b>Tuesday</b>	V e g e t a b l e s
	Beef Burgers in a bun Chips, Peas & sweetcorn or Jacket Potato with filling ~~~ Sponge and Custard Yogurt or Fresh Fruit	Chicken pie with mash Potatoes Sweetcorn, Broccoli and Homemade Bread or Jacket Potato with filling ~~~ Chocolate Krispi bar, Yogurt or Fresh Fruit	
	<b>Wednesday</b>	<b>Wednesday</b>	
	Chicken Korma with Brown Rice Green Beans, Cauliflower, Naan Bread or Jacket Potato with filling ~~~ Cookie with Grapes Yoghurt or Fresh Fruit	Sausage in a Bread Bun Broccoli, Sweetcorn and Roast Potatoes or Jacket Potato with filling ~~~ Chocolate and Pear fudge Pudding with Custard or Yoghurt or Fresh Fruit	
	<b>Thursday</b>	<b>Thursday</b>	
	Pork Sausages and Gravy Mashed Potato, Carrots and Broccoli Sliced Wholemeal Bread or Jacket Potato with filling ~~~ Chocolate Sponge with Custard Yoghurt or Fresh Fruit	Pork Steaks, Mash potatoes, Carrots, Green Beans & Gravy or Jacket Potato with filling ~~~ Iced Sponge <b>Yoghurt or Fresh Fruit</b>	
	<b>Friday</b>	<b>Friday</b>	
	Fish Fingers Chips, Peas and Carrots Crusty Bread or Jacket Potato with filling ~~~ Iced Yoghurt, Yoghurt or Fresh Fruit	Battered Fish Chips, Peas and Carrots Crusty Bread or Jacket Potato with filling ~~~ Arctic Roll & Mandarin Oranges Yoghurt or Fresh Fruit	

A cold selection salad bar with Sandwich (Egg, Cheese, Ham or Tuna) is available  
 A hot vegetarian version of the hot meal is also available each day (eg veggie burger replaces a beef burger etc.)