



School Dinner

Autumn term 2019



F r e s h M e a t L o c a l l y S o u r c e d	Week 1 <i>Commencing, 9th Sept, 23rd Sept, 7th Oct, 21st Oct, 11th Nov, 25th Nov & 9th Dec</i>	Week 2 <i>Commencing, 2nd Sept, 16th Sept, 30th Sept, 14th Oct, 4th Nov, 18th Nov, 2nd Dec & 16th Dec</i>	F r e s h F r u i t A n d V e g e t a b l e s
	Monday	Monday	
	Cheese & Tomato Pizza (V) Wedges and Baked Beans ~~~~~ Flapjack and Sultanas Yoghurt or Fresh Fruit	Cheese and Tomato Pasta Bake (V) Peas, Sweetcorn Garlic Bread ~~~~~ Shortcake and Custard Yoghurt or Fresh Fruit	
	Tuesday	Tuesday	
	Beef burgers Chips, Peas & sweetcorn or Spicy Burger (V) ~~~~~ Sponge and Custard Yogurt or Fresh Fruit	Chicken pie with mash Potatoes Sweetcorn, Broccoli and Homemade Bread or Veggie Pie (V) ~~~~~ Chocolate Krispi bar, Yogurt or Fresh Fruit	
	Wednesday	Wednesday	
	Chicken Korma with Brown Rice Green Beans, Cauliflower, Naan Bread or Veggie Curry (V) ~~~~~ Cookie with Grapes Yoghurt or Fresh Fruit	Sausage in a Bread Bun Broccoli, Sweetcorn and Roast Potatoes or Veggie Sausage (V) ~~~~~ Chocolate and Pear fudge Pudding with Custard or Yoghurt or Fresh Fruit	
	Thursday	Thursday	
	Pork Sausages and Gravy Mashed Potato, Carrots and Broccoli Sliced Wholemeal Bread or Veggie Sausage (V) ~~~~~ Chocolate Sponge with Custard Yoghurt or Fresh Fruit	Mince Meat & Mash Potatoes, Carrots, Green Beans & Gravy or Spicy Burger (V) ~~~~~ Iced Sponge Yoghurt or Fresh Fruit	
	Friday	Friday	
	Fish Fingers Chips, Peas and Carrots Crusty Bread or Veggie Burger (V) ~~~~~ Iced Yoghurt, Yoghurt or Fresh Fruit	Battered Fish Chips, Peas and Carrots Crusty Bread or Veggie Burger (V) ~~~~~ Arctic Roll & Mandarin Oranges Yoghurt or Fresh Fruit	

A cold selection salad bar with a Sandwich (Egg, Cheese, Ham or Tuna) & Jacket Potatoes are available every day.